



Your Allianz Preventive Healthcare checklist

Being and staying healthy is so important! Regular preventive medical check-ups go a long way to achieving this. With your occupational health insurance (OHI), we offer you comprehensive benefits for your preventive healthcare – and many excellent services for your health.



Decide together

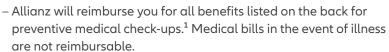
- Take this checklist with you to your next preventive medical check-up.
- Together with your doctor, you decide which check-ups are right for you.



Simple reimbursement

- You receive an invoice and settle it.
- You conveniently submit the invoice via our Allianz Health App. Or by post.
- You will receive a refund usually within a few days if you use the app.

Extensive benefits



– You can claim the benefits up to the maximum number stated within two consecutive calendar years (annually in the case of pregnancy care).



Enhanced cancer screening



ed Cardiovascular ng screening



Pregnancy care



Athletes' screening



Supplementary medical check-ups



Any questions? We're here for you – whenever you need us.

If you have any questions about your OHI, your personal agent would be happy to help you. For questions about the benefits, please call our service hotline: 0800 589 33 96, available Mon to Fri, 8:00 a.m. – 8:00 p.m.

You can find all the information about the app and many valuable health services for you and the whole family² online at: gesundheitswelt.allianz.de/bkv

- 1 If benefits are used or additional GOÄ numbers are billed that are not listed in the Preventive Healthcare checklist, these must be billed via the respective SHI/PHI scheme or they must be paid privately.
- 2 Family members are, for example, spouses and partners, children or parents, grandparents and parents-in-law

→ You can note the date of the medical check-up in the field "examination date". You can make use of the benefits again in the calendar year after next (for prenatal care, in the following calendar year).

		Examination date	Your options		Reimbursable GOÄ numbers¹ (important for your doctor)
Value approx. 820 euros	Enhanced cancer screening		Cancer screening for women	Ultrasound of up to 4 organs	410, 420 (max. 3 times), 403
				Ultrasound of mammary glands	418 (max. 2 times)
				Mammography	5266 (max. 2 times), 5298
				ThinPrep test including removal and preparation of smear material	297, A4851
			Cancer screening for men	Ultrasound of up to 4 organs	410, 420 (max. 3 times), 403
				Blood sampling and PSA test	250, 3908.H3
			Bowel cancer screening	Colonoscopy, including preparatory examinations and sedation as well as involved polyp removal, including histological examinations ²	11, 250, 253, 3550, 3607, 602, 687, 5298, 442, 695, 4800 (max. 6 times) or 4801 (max. 1 time) or 4802 (max. 6 times) or 4810 (max. 6 times) or 4811 (max. 6 times), 4815 (max. 6 times)
				Fecal occult blood test	3500
				M2PK stool test	4062
			Bladder cancer screening	NMP22 test or other suitable test methods, e.g. UBC Rapid Test	A3908
			Skin cancer screening	Skin examination	7
				Dermatoscopy or video-assisted mole examination	A612 or 750
Value approx. 760 euros	Cardio- vascular screening		Internal medicine check-up	Medical check-ups for the early detection of diseases	29
				Ultrasound of up to 4 organs	410, 420 (max. 3 times)
				Extensive lab check, including blood sampling	250, lab results³
			Heart check-up	Ultrasound scan of the heart	424
				Heart rate variability measurement	A636
				Long-term blood pressure measurement	654
				Resting, stress and long-term ECG	651, 652, 659
			Vascular check-up	Ultrasound scan of blood vessels supplying the brain	410, 420 (max. 3 times), 401, 645
				Pulse-wave passage time	637
Value approx. 330 euros	Pregnancy care		Pregnancy care	Enhanced ultrasound scan of the foetus	A1006
				First trimester screening	250, 4024, 4044 or 250, 3743, 4024, 4027
				Cytomegalo Virus, Toxoplasma gondii	250, 4378, 4453
				Streptococci Type B	298, 4500
Value approx. 140 euros	Athletes' screening		Athletes' Screening	Check-up of the supporting and locomotor system	7
				Treadmill analysis	A838
				Lactate ischemia test (five-time determination of lactate levels)	250, 4107
Value approx. 170 euros	Supplementary medical check-ups		Glaucoma screening	Ocular examination	6
				Ocular fundus examination	1240 or 1242
				Intraocular pressure measurement	1256
			Pulmonary function examination	Examination of the pulmonary and respiratory capacity (spirometry)	605
				Flow volume curve during spirographic examinations	A605
			Osteoporosis check	Bone density measurement	5380 or 5475

¹ The GOÄ numbers (German Scale of Medical Fees) are important billing information for your doctor. Of course, we will also cover the costs of the consultation for each check-up (GOÄ numbers 1 or 3). For consultation and sonography benefits, the respective billing provisions of the GOÄ must be observed.

2 We also reimburse medicine for colon cleansing and the related doctor's expenses as well as for immunohistological examinations under the GOÄ numbers A4815 (max. 2 times) and 4815

⁽max. 4 times).

3 Lab results: Blood count and blood components (3550), calcium (3555), potassium (3557), sodium (3558), glycated haemoglobins (3561), cholesterol, HDL and LDL (3562.H1, 3563.H1, 3564.H1), triglycerides (3565. H1), uric acid (3583.H1), creatinine (3585.H1), gamma GT (3592.H1), GOT (3594.H1), GPT (3595.H1), TSH basal (4030), vitamin D (4138 or 4139).